

# Sifu Jason Wong's 2010 Seminars Sunday, August 22nd



## **Choy Li Fut Monkey Form:**

**11am - 12:30pm**

This advanced form is rarely seen or learned and has many intricate ground techniques such as rolls, sweeps and takedowns as well as plenty of acting which is great for tournaments and demonstrations. Don't let this form fool you. It also has many practical applications and self defense techniques within it. Don't miss this chance to learn this fun and unusual form!

**Choy Li Fut Monkey Form \$299**

**1pm - 2:30pm**

## **Small Plum Blossom Double Broadwords:**

This King Mui Double Broadwords form has never been taught to the public before. Be the first to learn this secret advanced weapon, which is also great for tournament competition.

**Small Plum Blossom Double Broadwords \$299**



**3pm - 4:30pm**

## **Choy Li Fut Devastating Fighting Techniques:**

Sifu Wong will teach you step by step self defense techniques that include defending against ground attacks, weapon attacks, multi-people attacks. He also explains the psychological aspect of the defender as well as the attacker. These important techniques may save your life one day. Be sure not to miss this life saving seminar!

**Devastating Techniques \$149**

**Attend both Monkey and Double Broadwords for \$499 save \$98**

**Attend all 3 seminars for only \$549 save \$197**

**Plum Blossom International Headquarters**

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